



National Roller Hockey Association of England Limited

Founded in 1904

Procedure for Tips Abroad **U13, U11 and U9**

Travel & Accommodation

Under 13's (Minors Level) U'11's and U'9's

Players will need to be accompanied by a Parent/Guardian in all cases. Alternatively, parents should make arrangements for their child to travel with an adult designated by their parents.

Travel

Players traveling without parents, but with a designated adult should either book the child's flight along with theirs or contact the airline to attach the player to their booking. The unaccompanied player's parents should also complete an authorisation to travel form to allow the child to travel with the England team. This authorisation form is needed in some countries even if the player's flight has been booked or linked to their designated adult. This form should be given to the Coaching Directors Administrator at National Training or emailed to carlos6amaral@jcasports.co.uk before the trip.

Accommodation

Players will share a room with their parent/guardian or designated alternative adult.

Management

Coaches and/or Management will be responsible for players during their training and games. If Parents and Guardians decide to leave the sports centre at anytime, then they must ensure that they are available to be contacted on the emergency contact number given on the medical form for the trip.

Parents will be responsible for their child and/or child they have been given responsibility for, at all times off the rink.

Medical Information

A medical form will be required for each player on each trip, even if one has been completed for a previous trip. These should be given to the Coaching Director Administrator at National Training weekend or emailed to carlos6amaral@jcasports.co.uk before the trip.

****Accommodation list will be issued to all Parents and Players at the airport or at the hotel****

Daily Program

The Head coach will issue a daily program for the trip regarding times for each day showing the times for;

- Meals
- Training
- Games
- Bed time
- Wake up

The daily program will be issued to all parents and players at the airport or at the hotel.

It is the parents and responsibility to ensure daily program is followed and to take responsibility of all actions off the rink and it is encouraged that the players spend time together to build a good team spirit.

It is also expected that the teams traveling abroad support each other during games.

Training/Games

During training and games only the Coaches and Manager should be in the dug out area, unless authorised by the Head Coach. Parents are welcome to the sports centre spectator area to support and cheer the team.

Dress Code

Players will be required to wear white National Training T-shirts for training with navy blue shorts and white socks. Red National Training T-shirts should be worn off the rink, with shorts or tracksuit bottoms.

All Players will be required to travel in England Development Roller Hockey tracksuits. These can be purchased through the Coaching Director.

This is the only clothing that the players will need all week, other than a warm jumper/hoody to wear under the tracksuit top in the evening, as the temperature drops significantly.

Equipment

Players will be required to bring with them all the equipment they need to play Roller Hockey as well as a named water bottle. Water will be provided for the players during training and games.

Transportation of sticks

Sticks will be collected at the airport and transported in the sports equipment bag, so these will not need to be booked in.

Goalkeepers

Please be aware that if your child's goalkeeper equipment bag is heavier than 15kg (Ryanair) then you will need to book a sports equipment bag and not a normal bag.

Diet/Food Allergies

Please ensure that you notify the Coaching Director by email if you or your child have any special dietary requirements or food allergies, at least two weeks before the trip.

Child Protection

Adults will not be permitted into the changing room with the players whilst they are getting changed. The Captain of the team will notify Coaches/Parents when the players are changed and only at this point can adults enter the changing room.

Behaviour

Players are being assessed at all times for their suitability to play for the England National Teams. The behaviour of players is a factor in this assessment, so therefore please remember that we represent England at all times and disciplinary action may be taken for any bad conduct.

Concerns

Any concerns raised by any player or parent should be reported to the Coaching Director during or after the trip